



PLANNING 2018 - 2019 COURS COLLECTIFS

à partir du 3 septembre



	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9h - 10h	MOBILITY					SMALL GROUP®
10h - 11h						MOBILITY
11h - 12h		SMALL GROUP®		SMALL GROUP®	SMALL GROUP®	
12h - 13h	HIIT	SMALL GROUP®		RUNNING	SMALL GROUP®	
13h - 14h					BOXING	
14h - 15h			KIDS			
15h - 16h						
16h - 17h						
17h - 18h	MOBILITY					
18h - 19h	SMALL GROUP®	HIIT	BOXING	HIIT		
19h - 20h		SMALL GROUP®	SMALL GROUP®	SMALL GROUP®		