

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

9h30

ACTIV-RELAX

10h30

ACTIV-TRAINING

11h

ACTIV-Pilates

ACTIV-GYM DOUCE

12h30

17h15

ACTIV-KIDS

18h15 ACTIV-TRAINING

ACTIV-RELAX

ACTIV-TRAINING

ACTIV-Pilates

ACTIV-KIDS

19h15

ACTIV-TRAINING