



PLANNING

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
10H			SPORT SANTE RENFO		SPORT SANTE RENFO (1/2 heure)	CARDIO TRAINING
11H			PILATES			PILATES
17H15	SPORT SANTE RENFO					
18H00	PILATES					
19H15	RENFO TRAINING			RENFO TRAINING		